



COLDWATER

January Newsletter

Coldwater Administration Office

2249 Quilchena Avenue
Merritt BC

Phone: (250)-378-6174

Fax: (250)-378-5351

Toll Free: 1-877-378-6174

Coldwater Reservation Office

#301-230th Street Coldwater
Reserve

Phone: (250)-378-6174

Fax: (250)-378-6153

Chief

Lee Spahan

Band Administrator

Brandi O'Flynn

Band Administrators Executive Assistant

Katelynn Perrin

Executive Assistant to the Chief and Council

Dale August

Receptionist

Brianna-Skye Charters Euan

Social Services Coordinator

Tania Stewart

Social Services Clerk/

Indian Register Administrator

Velma Collins

Finance Coordinator

Vivian Steinhauer

Finance Officer

Vacant

Housing Coordinator/ Taxation

Donald Kraus

Education Coordinator

Stephanie Archie

Public Works

Sheena-Gaie Richards

Lands, Wills, Estates

Administrator

Kristopher Oppenheim

Finance Manager

Dula Samanthi

Economic Development

Coordinator

Sudipta Bala



Photo Credits: Lucielle Nali

Ribbon Skirt Day (January 4, 2026)

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

January 2026

SUN	MON	TUE	WED	THURS	FRI	SAT
28 Coldwater Band Offices Closed	29 Coldwater Band Offices Closed	30 Coldwater Band Offices Closed	31 Coldwater Band Offices Closed New Year's Eve	1 Coldwater Band Offices Closed New Year's Day	2 Coldwater Band Offices Closed	3 Coldwater Band Offices Closed
4 National Ribbon Skirt Day	5 Coldwater Band Offices Open Again from Holidays!	6	7	8	9 Candidate Information Meeting	10 Electronic Voting Opens
11 Electronic Voting	12 Electronic Voting	13 Electronic Voting	14 Electronic Voting	15 Electronic Voting	16 Electronic Voting Closes	17 Advance Polls
18 Advance Polls	19 Advance Polls Martin Luther King Jr. Day	20 Advance Polls	21	22	23 Healing From Grief and Loss Workshop	24 Regular Polls, Healing from Grief and Loss Workshop
25 Healing From Grief and Loss Workshop	26	27 Holocaust Memorial Day	28	29	30	31

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

General Band Meeting Schedule

Chief and Council Meetings 6:00 PM – 11:00 PM (MAX)	General Band Meetings 6:30 PM – 10:00 PM (MAX)
April 9, 2025	April 17, 2025
April 23, 2025	
May 14, 2025	May 15, 2025
May 28, 2025	
June 11, 2025	June 24, 2025
June 25, 2025	
July 9, 2025	July 17, 2025 Community BBQ/ New Members Speech
July 23, 2025	
August 13, 2025	No Band Meeting, Due to Food Gathering Season
September 10, 2025	September 18, 2025
September 24, 2025	
October 8, 2025	October 16, 2025
October 22, 2025	
November 12, 2025	November 27, 2025
November 26, 2025	
December 10, 2025	No Band Meeting Due to Holidays
January 14, 2026	January 15 OR 22, 2026
January 28, 2026	
February 11, 2026	February 19, 2026
February 25, 2026	
March 11, 2026	March 19, 2026
March 25, 2026	

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

VOTING EVENTS – One Feather, Coldwater Indian Band

Digital Voting

To vote online with your mobile device or computer, log in or sign up with your OneFeather account. A personal email address is required.

Upcoming

January 10, 2026 at 8:00am PST - January 16, 2026 at 7:59pm PST

Vote In Person

Vote in person at a location near you.

Upcoming

1. Advance Poll - Coldwater School - January 17

Coldwater School, Merritt, British Columbia

January 17, 2026 at 8:00am PST - January 17, 2026 at 8:00pm PST

Upcoming

2. Advance Poll - Coldwater School - January 18

Coldwater School, Merritt, British Columbia

January 18, 2026 at 8:00am PST - January 18, 2026 at 8:00pm PST

Upcoming

3. Advance Poll - Coldwater Band Hall - January 19

Coldwater Band Hall, Merritt, British Columbia

January 19, 2026 at 8:00am PST - January 19, 2026 at 8:00pm PST

Upcoming

4. Advance Poll - Coldwater Band Hall - January 20

Coldwater Band Hall, Merritt, British Columbia

January 20, 2026 at 8:00am PST - January 20, 2026 at 8:00pm PST

Upcoming

5. Regular Poll - Coldwater Band Hall

Coldwater Band Hall, Merritt, British Columbia

January 24, 2026 at 8:00am PST - January 24, 2026 at 8:00pm PST

One Feather Elections – Coldwater Indian Band

Bret Bilyk (Electoral Officer)

Email: voterhelp@onefeather.ca

Phone: 1-855-923-3006

<https://www.onefeather.ca/nations/coldwater>

Brandi O'Flynn (Band Administrator)

250-378-6174 (204)

Email: bandadmin@coldwaterband.org



OneFeather



COLDWATER
INDIAN BAND

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Coldwater Indian Band

CANDIDATE INFORMATION MEETING

Candidates for the Coldwater Chief and Council
will present their platforms and answer questions
about the upcoming election.

Date: January 9, 2025

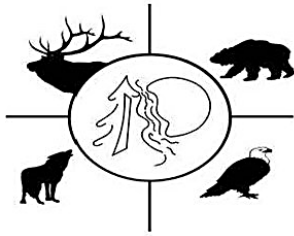
Location : Coldwater Community Hall

Time: 6:00 PM - 8:00 PM

Teams Meeting ID: 214 720 163 954 67

PASSCODE: AM9SW2UA





Nc'atetk'u - Coldwater Indian Band

2249 Quilchena Avenue, Merritt, BC
Phone: (250) 378-6174
Fax: (250) 378-5351

#301-230th Street
Nc'atetk'u - Coldwater Reserve
Fax: (250) 378-6153

December 19, 2025

Official Statement Regarding 2026 General Election

This statement is issued by Chief and Council in response to concerns raised by Members regarding candidate eligibility in the current General Election. We wish to provide clarity about the respective roles of Chief and Council, Band administration and the Electoral Officer under our Custom Election Policy (the “Policy”).

Under section 6.1(a) of the Policy, Chief and Council are required to appoint an Electoral Officer to conduct General Elections in accordance with the process set out in the Policy. In fulfillment of this responsibility, Chief and Council has appointed Brett Bilyk of OneFeather as the Electoral Officer for the 2026 General Election.

Once an Electoral Officer is appointed, Chief and Council and Coldwater administration have no authority to amend the Policy, to make election-related decisions, or to direct the Electoral Officer. The Electoral Officer has full authority and responsibility to implement the Policy. This includes the authority, where there are gaps in the Policy, to make decisions in a manner that upholds the purpose and integrity of the election process (s. 7.6).

Chief and Council and Coldwater administration were therefore not involved determining the list of candidates. The Electoral Officer is responsible for determining the list of candidates based on the eligibility criteria in section 5.1 of the Policy, which provide that candidates must, among other things:

- not have been convicted of certain criminal offences
- not owe more than \$1,000 to Coldwater
- be available for at least 25 hours of mandatory orientation within the first two weeks of office

Delegating full responsibility for the conduct of election processes to an independent Electoral Officer is essential to ensure that elections are conducted impartially, free from political involvement, and in a manner that supports fair and democratic processes. While we understand some members are disappointed that they are ineligible to run for Council under the Policy, we do not have authority to interfere with the election process.

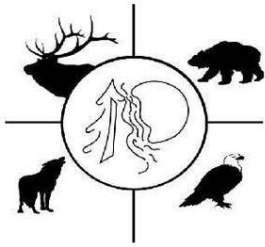
Finally, we note that the Policy, including all eligibility criteria, reflects the direction of membership. It is members, not Chief and Council, who approve the Policy and all amendments made to it. Members last approved the Policy by vote on July 20, 2024. The Policy will undergo a scheduled review before the next General Election. To the extent that there may be gaps in the Policy, membership will have the opportunity to review and revise the Policy as may be necessary to ensure the election process reflects the collective vision of membership.

Any questions regarding the election process may be referred to the Electoral Officer for this election:

Brett Bilyk (Electoral Officer)

Email: voterhelp@onefeather.ca

Phone: 1-855-923-3006



Coldwater Indian Band

PO Box 4600, Merritt, B.C., V1K 1B8

2249 Quilchena Avenue, Merritt, BC

Phone: (250) 378-6174

Fax: (250) 378-5351

Band Administrator, Public Works, Lands Wills &
Estates, Housing, Economic Development, Education

#301-230th Street Coldwater Reserve

Phone: (250) 378-6174

Fax: (250) 378-6153

Chief and Council (Executive Assistant), Finance, Social
Development

⚠ HEALTH NOTICE ⚠

Cold & Flu Season Advisory

Dear Coldwater Community Members,

We would like to inform the community that we are currently in cold and flu season, and there has been an increase in respiratory illness within the community.

To help protect yourself and others, we encourage everyone to remain vigilant and take the following preventative measures:

- **Wash your hands frequently** with soap and water
- **Use hand sanitizer** when handwashing is not available
- **Practice good respiratory hygiene** (cover coughs and sneezes)
- **Masks are recommended** for those who are immunocompromised or at higher risk

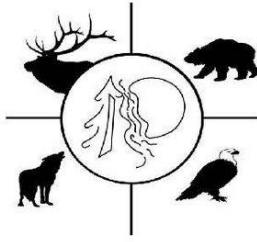
If you are experiencing **cold or flu-like symptoms**, including fever, cough, sore throat, congestion, or body aches, **please stay home and avoid public spaces** until you are feeling better. This helps reduce the spread of illness and protects vulnerable community members.

Thank you for your cooperation and for helping to keep our community safe and healthy.

Sincerely,
Coldwater Administration

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations



Coldwater Indian Band

PO Box 4600, Merritt, B.C., V1K 1B8

2249 Quilchena Avenue, Merritt, BC

Phone: (250) 378-6174

Fax: (250) 378-5351

Band Administrator, Public Works, Lands Wills &
Estates, Housing, Economic Development, Education

#301-230th Street Coldwater Reserve

Phone: (250) 378-6174

Fax: (250) 378-6153

Chief and Council (Executive Assistant), Finance, Social
Development

A Message of Care and Support to Our Community

Dear Members of Our Community,

It is with heavy hearts that we acknowledge the recent losses within our community. The passing of three individuals has deeply affected us all, and we recognize that many are carrying grief, sadness, confusion, and a range of emotions that can be difficult to put into words.

During times like these, it is important to pause, to care for one another, and to honor the lives that were lost. Each of these individuals mattered, and their absence will be felt in different ways across our community. We extend our deepest condolences to their families, friends, and all who are grieving.

We want to remind everyone that no one has to carry this weight alone. Grief can look different for each person, and there is no "right" way to process loss. Please be gentle with yourselves and with one another, and reach out if you need support or connection.

Support Services:

- **Hope for Wellness Helpline (Indigenous):** Provides mental health counseling and crisis support to all Indigenous people across Canada.
 - Call: **1-855-242-3310**
 - Chat online: hopeforwellness.ca
- **First Health Solutions:**
 - Neil Burrows: 250-615-6863
 - Carolyn Charleyboy: 778-267-5397

As a community, we need to continue to support one another with compassion, respect, and care. Please do not hesitate to lean on leadership or on each other in the days ahead.

With sympathy and solidarity,
Coldwater Chief and Council

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Ribbon Skirt Day

Ribbon Skirt Day will take place on January 4, 2025, and the Coldwater Indian Band proudly showcases submissions from members and the community, celebrating their beautiful ribbon skirts as a symbol of identity and unity.



Submitted by May George



Submitted by Jordynn Bob



Submitted by Lucielle Nali



Submitted by Niki Boyce



Submitted by Lucielle Nali

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations



Submitted by Kayleigh Antoine-Peters



Submitted by Carol Smith



Submitted by Jayson Spahan



Submitted by Lorna Brooks-Sterling

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations



Submitted by Vickie Black



Submitted by Dianne



Submitted by
Carol Smith



Submitted by Vickie Black



Submitted by Dianne Oppenheim

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations



Submitted by Val Charters



Submitted by Sammie Spahan



Submitted by Violet Charlie Bob



Submitted by Sarah Eliza-Leigh Charters

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

In Loving Memory of Coldwater Members



Darren Conan Bob

Nov 4, 1982 – December 27, 2025

He was loved by his mother, father, brother, sisters and children. This includes many aunties, uncles and cousins from the Bob and Drynock families.



Jeanette Rene Bob

April 11, 1979 – December 13, 2025

Beloved mother, daughter, grandma, sister, niece, cousin, aunt & friend.



Maria Rosalie August-Spahan

July 28, 2009 – December 14, 2025

Beloved Sister, cousin, daughter, granddaughter, friend



Muriel Anne Brooks

August 20, 1948 – December 14, 2025

Beloved Mother, Grandmother, Daughter, sister, cousin, friend

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Coldwater Administration Staff

Updated Chart of all the Coldwater Indian Band Staff that includes their names, positions and contact information and which office they are at. If you need assistance contacting them, please call the Receptionist at (250) 378 -6174.

Name	Position	Contact	Office Location
Brandi O-Flynn	Band Administrator, Economic Development	Email: bandadmin@coldwaterband.org Phone: 250-378-6174 (EX-204)	Town Office
Katelynn Perrin	Band Administrators Executive Assistant	Phone: 250-378-6174	Town Office
Kristopher Oppenheim	Lands, Wills, Estates, Economic Development	Email: Kristopher@coldwaterband.org Phone: 250-378-6174 (EX-215)	Town Office
Sheena-Gaie Richards	Public Works	Email: publicworks@coldwaterband.org Phone: 250-378-6174	Town Office
Sudipta Bala	Economic Development Coordinator	Email: sbala@coldwaterband.org Phone: 250-378-6174	Town Office
Stephanie Archie	Education Coordinator	Email: stephanie@coldwaterband.org Phone: 250-378-6174 (EXT-109)	Town Office
Brianna-Skye Charters Euan	Administration Receptionist	Email: receptionist@coldwaterband.org Phone: 250-378-6174	Town Office
Vivian Steinhauer	Finance Clerk	Phone: 250-378-6174 (Ext 105)	Reserve Office
Donald Kraus	Housing, Taxation	Email: dkraus@coldwaterband.org Phone: 250-378-6174 (EXT-214)	Town Office
Velma Collins	Social Assistance Clerk, Indian Status Administrator	Email: vcollins@coldwaterband.org Phone: 250-378-6174 (EXT-108)	Reserve Office
Tania Stewart	Social Assistance Coordinator	Email: socialdevcoord@coldwaterband.org Phone: 250-378-6174 (EXT-107)	Reserve Office
Dale August	Chief and Council Executive Assistant	Email: daugust@coldwaterband.org Phone: 250-378-6174 (EXT-100)	Reserve Office

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Coldwater Indian Band Chief and Council

Contact Dale August (Executive Assistant) to speak with the Chief/Council.

Phone (250)-378-6174 (EXT#100)

Email: daugust@coldwaterband.org

Title	Name
Chief (k ^w úk ^w pi?)	Terrance Lee Spahan
Vice Chief	Cheryl Rule Bob
Executive Assistant to the Chief and Council	Dale August
Council Member	Jackie Aljam
Council Member	Shawn Bob
Council Member	Leah Collins
Council Member	Veronica Jameson
Council Member	Carol Smith
Council Member	Michael Smithers
Council Member	Harry Spahan

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Wills, Lands, Estates – Kristopher Oppenheim

I am Kristopher Oppenheim. I am the Lands, Wills & Estates Administrator for the Coldwater Indian Band.

Suppose someone is looking to create their will. I can give you a template, or you can come in and fill one out. It is better to have one than not to have one. This will help you say who gets what and what happens after you're gone. If you have any questions, you can reach me at the Coldwater band office in town.

Phone: 250-378-6174 (EXT 115)

Email: kristopher@coldwaterband.org

Location: 2249 Quilchena Avenue, Merritt BC V1K1B8 Box 4600

When you have everything in order, you have the say on what happens to your assets; no one else can take your possessions!

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Recycling + Garbage Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekend	Regular Recycle	Big Recycle Garbage Day	Regular Recycle	Big Recycle	Regular Recycle Garbage Day	Weekend

Garbage Days

- Make sure your garbage is wrapped in a **black garbage bag**.
- Be careful when putting out your garbage, because of the **dogs or bears around us**.
- Recommended to put it out the night before garbage day or the morning of.
 - **Pickup is usually around 7:00 AM** on that garbage day

Recycling

- Make sure all your cardboard is **flattened and in smaller pieces**
 - Cans or bottles are washed
 - All organized for recycling to put away faster and efficiently.
- If you have a lot of stuff for big recycling days, call the band or let Rosanna know.
 - Any questions, contact the Band, Rosanna or TNRD Merritt Depot.
 - All recycling goes to the lower Nicola Depot!

Coldwater Indian Band: 250-378-6174

Rosanna Narcisse (Coldwater Recycler): 250-378-6174

Lower Nicola Eco Depot (TNRD): 250-377-2596

Thank you to our Recyclers and Sanitation Workers from Coldwater Indian Band!

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Newsletter Delivery Volunteers



If you do not wish to receive the Newsletter, please contact the office via phone or email and we will put a note not to deliver. (We noticed some people don't pick them up).

The Coldwater Indian Band strongly believes in saving paper and recycling so let us know if you don't want to be delivered to for personal reasons or for animal reasons.

Newsletter Delivery People Needed!

The Coldwater Indian Band has a Newsletter (that you're looking at right now) that needs to be hand-delivered to the Coldwater Members on the Reserve. That includes IR#2!

We pay \$60 for the Main Reserve (IR#1)

\$90 for BOTH Reserves IR#1 and IR#2.

We need our delivery list updated to know who can help us deliver Newsletters to our Community on time (before the next month arrives).

The money provided will be for the person delivering them, and they will need to have their own Transportation.

Please do not hesitate to contact the Coldwater Indian Band Receptionist to be added to the newsletter delivery list.

Email: receptionist@coldwaterband.org

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Dog Attacks

WHAT TO DO WHEN ENCOUNTERED BY AN AGGRESSIVE DOG

1	Staying Calm and Avoiding Eye Contact
2	Using a Firm Voice and Simple Commands (No! Bad Dog! Stop!)
3	Creating a Barrier Between You and the Dog
4	Backing Away Slowly and Carefully
5	Seeking Help from the Owner or Authorities
6	Understanding the Reasons Behind Aggression
7	Taking Preventive Measures for Future Encounters

IF YOU WERE BITTEN BY A DOG

Seek immediate medical attention

Report on the incident with Animal Control.

Document of the event (Where, When, Whose Dog, Dog's Appearance, Bite).

You should also pursue legal advice if the bite is severe.

If you do not report the dog to the Band or to the Bylaw Officer, then that dog will still be loose and bite others (kids, adults, elders). Let's help keep each other safe.

Bylaw Services Officer - Merritt BC

Phone: (250)-378-8628

Email: bylaw@merritt.ca

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Security



Snuk'we? Security Inc.

Hours of operation

Thursday - Saturday

9:00 pm-5:00 am

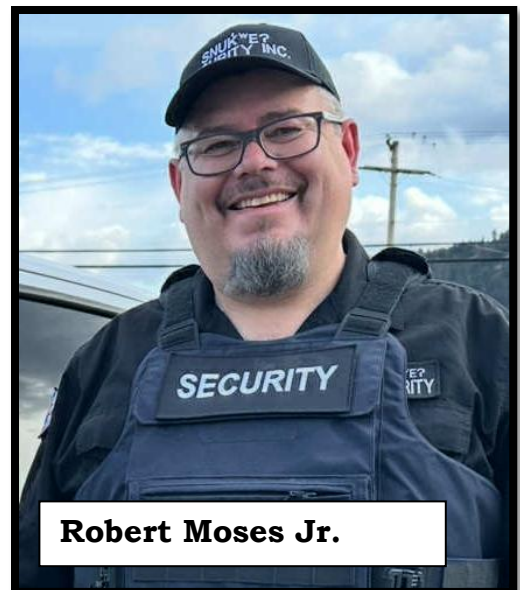
Contact number: **250-936-8121**

Coldwater Indian Band is proud to announce the services provided by Snuk'we? Security Inc. Showcasing our joint commitment to safeguarding our land and community.

Robert Moses Jr. is a dedicated community member and experienced protector. As the owner

of Snuk'we? Security Inc., Robert returns with a renowned dedication to ensuring the safety and security of our people.

If you witness any suspicious activity, please get in touch with security. In the event of an immediate emergency, don't hesitate to call 911.



Robert Moses Jr.

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Safe Driving during School Hours



This Serves as a reminder that School is in session, and we have Children/Youth walking to/from the Bus stop at Opie's Studio and other Bus stops along the Coldwater/Kingsvale Route

Please be wary when driving near the bus stop and near Coldwater Elementary.

We would like to remind Membership to please slow down while driving on the roads and watch out for our Children and Youth walking to/from School

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Scw'exmx Community Health Services Society

Journeys Into Tomorrow – Transition House

Healing From Grief and Loss

Facilitators: Karen Lara + Alyssa Turik

3-Day Workshop

Location: Coldwater Health Building @ 810-200th
St.

January 23, 2026 – 6:00 PM – 8:00 PM

January 24, 2026 – 10:00 AM – 3:00 PM

January 25, 2026 – 10:00 AM – 3:00 PM

Call or Email May George to sign up

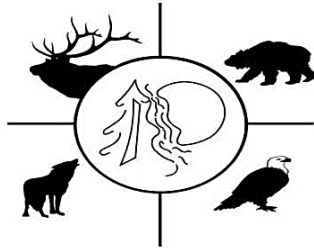
Phone: 250-378-9745

Email: George.m@schss.com

Transportation and Food Provided

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations



Coldwater Indian Band

PO Box 4600, Merritt, B.C., V1K 1B8

2249 Quilchena Avenue, Merritt, BC

Phone: (250) 378-6174

Fax: (250) 378-5351

Band Administrator, Public Works, Lands Wills &
Estates, Housing, Economic Development

#301-230th Street Coldwater Reserve

Phone: (250) 378-6168

Fax: (250) 378-6153

Chief and Council (Executive Assistant), Finance, Social
Development, Education

CATERING BIDS REQUESTED

COLDWATER INDIAN BAND EDUCATION DEPARTMENT ALONG WITH SCHOOL DISTRICT #58 IS LOOKING FOR CATERING BIDS FOR:

COLDWATER COMMUNITY ENGAGEMENT NIGHT

DATE: FEBRUARY 2, 2026

TIMES: 5:30 P.M

WHERE: COLDWATER SCHOOL

WHAT: DINNER FOR 175 PEOPLE

THE BID SHOULD INCLUDE FOR THE FOLLOWING:

- NAME OF PERSON WITH CURRENT FOOD SAFE CERTIFICATION

WITH DINNER INCLUDING APPETIZERS BEING SERVED AT 5:30 PM for a Maximum of 175 people

Must provide disposable plates, cups, cutlery, etc. Please hand in a DINNER and DRINK menu with your bid

(MUST INCLUDE DIABETIC AND GLUTEN-FREE OPTIONS)

- MUST INCLUDE BEVERAGES INCLUDING COFFEE AND TEA, JUICE

- EXPECTED REQUIREMENTS ARE TO SET UP & CLEAN DURING AND AFTER THE MEAL

CATERER IS EXPECTED TO PROVIDE TAKE OUT CONTAINERS AND USE OF OWN EQUIPMENT

50% of bid could be in advance in the form of a purchase order to successful bid to assist with preparation

DEADLINE FOR BIDS IS JANUARY 23, 2026 (4:30 PM)

Selected bid will be notified on or before JANUARY 28, 2026

PLEASE SUBMIT YOUR BIDS TO THE COLDWATER INDIAN BAND OFFICE, 2249 QUILCHENA AVE.,

Attention Stephanie Archie

OR EMAIL Stephanie@coldwaterband.org

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations.

PUNCHLINE
NUTRITION
PRESENTS

ALEX MACKENZIE

NEVER BEEN BETTER TOUR

★★★★★
"Canada's Must See Comedian"
- VANCOUVER GUARDIAN

AS SEEN ON 

MERRITT CIVIC CENTRE
7:30pm

MERRITT • JAN 10 2026

TICKETS AT
ALEXTELLSJOKES.COM

FREE | REGISTRATION REQUIRED | MEN + NONBINARY | AGES 15 - 35

2026 Empower Protect + Connect

POWER SKILLS BUILDING + SELF-DEFENCE

WEDNESDAYS | WEEKLY
JAN 7 - MARCH 25
12 SESSIONS | 6:00PM - 8:00PM
FREE TRAINING | MERRITT CIVIC CENTRE

 **Merritt**
FLOURISH UNDER THE SUN

► MERRITT.CA/PROTECT
► MERRITT.CA/REGISTRATION

* CIVIL FORFEITURE GRANT | MINISTRY OF PUBLIC SAFETY AND SOLICITOR GENERAL



Merritt

FLOURISH UNDER THE SUN

MISSION STATEMENT

To enhance and sustain our quality of life through
preserve all our resources for now and future generations

WINTER 2026

Gymnastics

THURSDAYS

JANUARY 8
TO
MARCH 12

2-3 YRS	3:00 - 3:45PM
4-5 YRS	4:00 - 4:45PM
6-8 YRS	5:00 - 6:00PM
9-13 YRS	6:15 - 7:15PM

► MERRITT.CA/REGISTRATION
► MERRITT.CA/GYMNASTICS

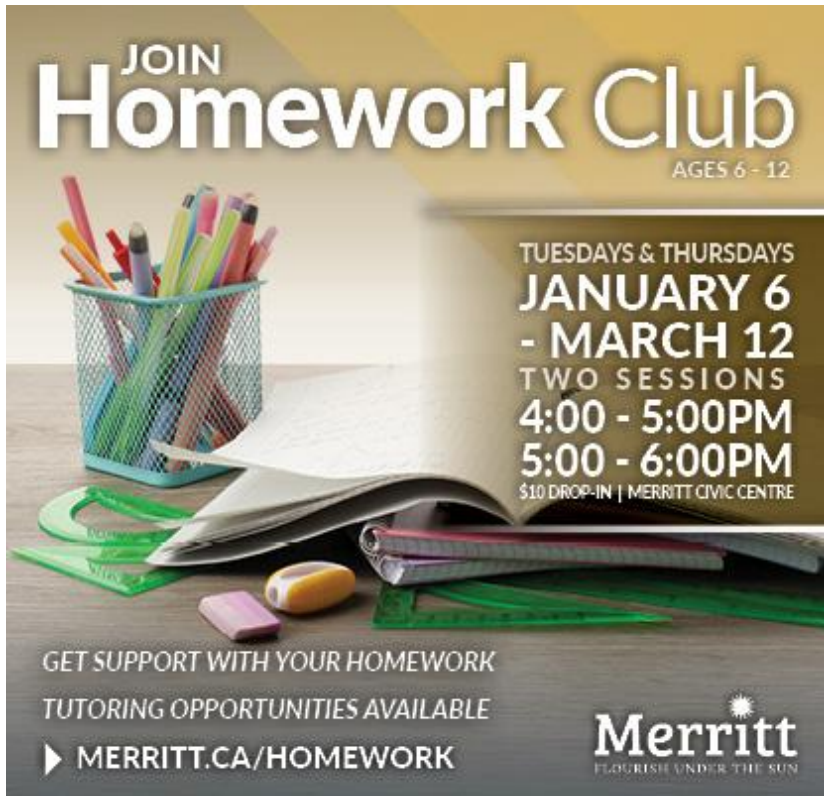
Merritt
FLOURISH UNDER THE SUN

JOIN
Homework Club
 AGES 6 - 12

TUESDAYS & THURSDAYS
JANUARY 6
- MARCH 12
 TWO SESSIONS
4:00 - 5:00PM
5:00 - 6:00PM
 \$10 DROP-IN | MERRITT CIVIC CENTRE

GET SUPPORT WITH YOUR HOMEWORK
 TUTORING OPPORTUNITIES AVAILABLE
 ► MERRITT.CA/HOMEWORK

Merritt
 FLOURISH UNDER THE SUN



Merritt
 FLOURISH UNDER THE SUN




WINTER 2026

Cheer!
 LEADING
PROGRAM
 AGES 7 - 12 YEARS

MONDAYS
JANUARY 12
- MARCH 16
5:00PM - 6:00PM
 \$80/9 CLASSES
 MERRITT CIVIC CENTRE

► MERRITT.CA/CHEER

Merritt
 FLOURISH UNDER THE SUN



MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Kamloops Auto Recycling



CAR REMOVAL SERVICES!

Towing, Scrap Car Removal, Used Parts

Phone: 250-574-4679 / Brendan Kelly, Owner

Location: 1340 Kootenay Way (Near Coldwater Road)

Website: www.kamloopsautorecycling.com

Email: kautorecycling@gmail.com

MORE COMPANIES FOR YOU TO CALL GET YOUR OLD CARS REMOVED FROM YOUR YARD.

Merritt – B.C. Auto Scrapyard | Scrap Car Removal

Website: Auto-Scrap-Yard.com

Scrap Car Services in Merritt: – Post Edward junk cars buyer B.C.

Phone: 1-778-617-2061

Salvage car pickup in Merritt:

Phone: 1-778-617-3061.

Junk Car Removal Kamloops, B.C. | Git-Er-Done-Towing

We provide free scrap car pickup and cash for cars service in Kamloops.

Website: getirdonetowing.ca

Phone: (250)-852-0781

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

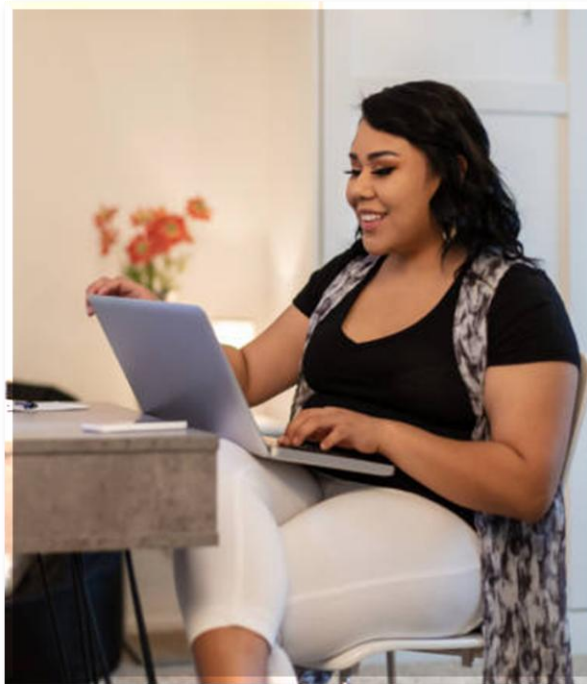
Digital CWIB Newsletter

Having a hard copy of the Newsletter is great, but what if you want it earlier? Or if you don't live on the reserve and want a copy, you can have the Monthly Newsletter delivered to your email!

How to Sign up for the Monthly Newsletter for the Coldwater Indian Band

- Send your **Name**, and **Email** to the Coldwater Indian Band **Receptionist** via email receptionist@coldwaterband.org

If you have any trouble, give us a call to help you out! **250-378-6174**. We are always glad to help the community!



Newsletter created by Receptionist Brianna-Skye Charters Euan, Thank you.

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations