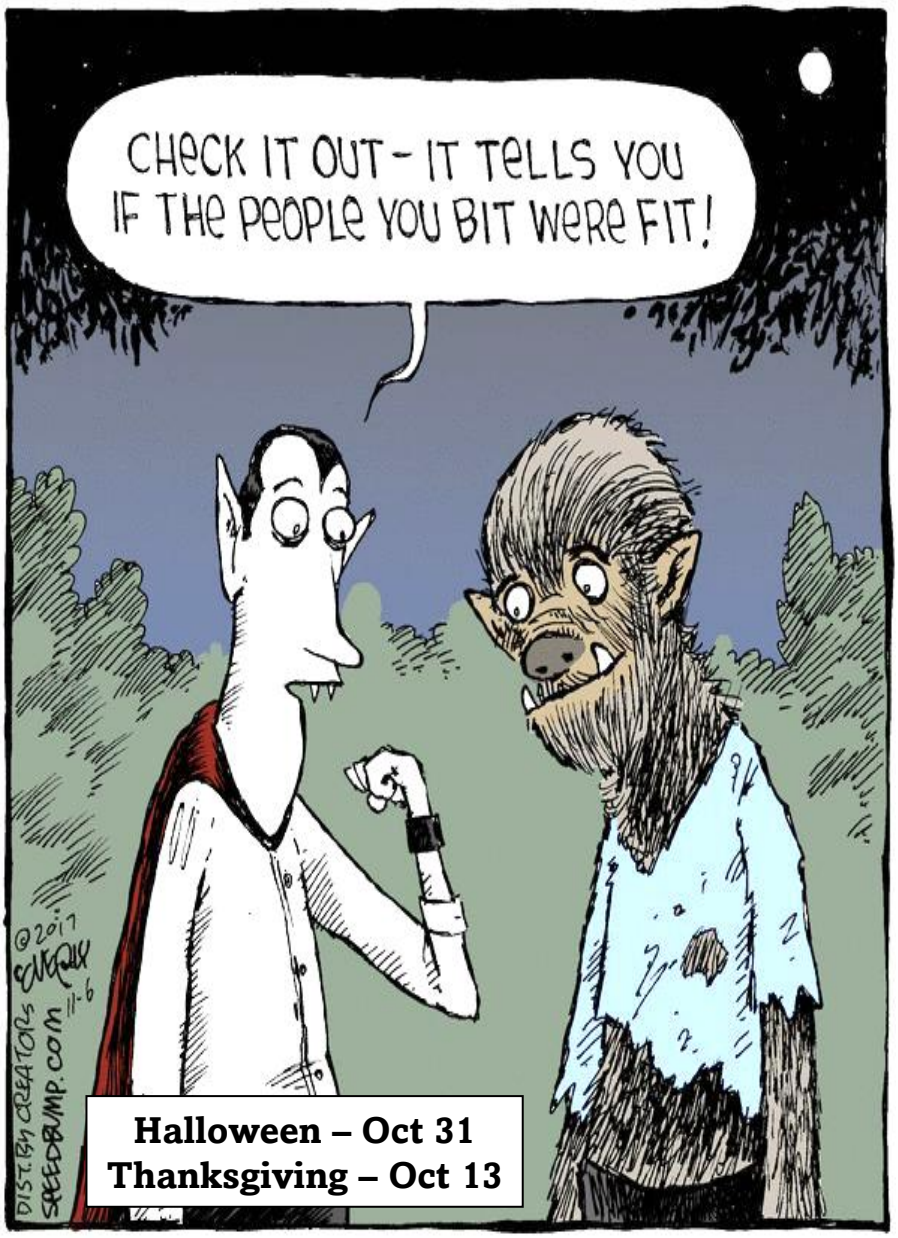
Coldwater Indian Band
October 2025 Newsletter

Chief
Lee Spahan
Band Administrator
Brandi O-Flynn
Executive Assistant to Chief and Council
Dale August
Receptionist
Brianna-Skye Charters Euan
Social Services Coordinator
Tania Stewart
Social Services Clerk/ Indian Register Administrator
Velma Collins
Finance Coordinator
Vivian Steinhauer
Finance Officer
Faye Aljam
Housing Coordinator/ Taxation
Donald Kraus
Education Coordinator
Stephanie Archie
Lands/ Wills/ Estates
Kristopher Oppenheim
Adults in Home Care
Jennifer Andrew
Andrea Ongaro
Recycling
Rosanna Narcisse, Veronica Charters
Sanitation Worker
Victor Lacerte
Public Works
Vacant
Fire Chief
Vacant
Finance Manager
Vacant
Economic Development Coordinator
Vacant



Halloween – Oct 31
Thanksgiving – Oct 13

Coldwater Administration Office
2249 Quilchena Avenue
Merritt BC
Phone: (250)-378-6174
Fax: (250)-378-5351
Toll Free: 1-877-378-6174

Coldwater Reservation Office
#301-230th Street Coldwater Reserve
Phone:((250)-378-6174
Fax: (250)-378-6153

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 Nurse at Coldwater Health Building	8 Chief and Council Meeting	9 Fireside Elders Potluck Lunch	10	11
12 Community Thanksgiving Dinner	13 Thanksgiving Band Office Closed	14 Coldwater Women's Group 1 Year Anniversary	15 Meetings with Vice Chief Cheryl Rule Coldwater Women's Group 1 Year Anniversary	16 General Band Meeting	17	18
19	20 Canada Child Benefit	21 Scw'exmx Health Vaccine Clinic in Coldwater CNA at Band Office	22 Chief and Council Meeting Scw'exmx Health Vaccine Clinic in Coldwater	23	24	25 Dennis Saddleman Celebration
26	27	28	29 Halloween Party	30	31 Halloween	

Chief and Council Meetings 6:00 PM – 11:00 PM (MAX)	General Band Meetings 6:30 PM – 10:00 PM (MAX)
April 9, 2025 **(passed)**	April 17, 2025 **(passed)**
April 23, 2025 **(passed)**	
May 14, 2025 **(passed)**	May 15, 2025 **(passed)**
May 28, 2025 **(passed)**	
June 11, 2025 **(passed)**	June 24, 2025 **(passed)**
June 25, 2025 **(passed)**	
July 9, 2025 **(passed)**	July 17, 2025 **(passed)**
July 23, 2025 **(passed)**	Community BBQ/ New Members Speech
August 13, 2025 **(passed)**	No Band Meeting, Due to Food Gathering Season
September 10, 2025 **(passed)**	September 18, 2025 **(passed)**
September 24, 2025 **(passed)**	
October 8, 2025	October 16, 2025
October 22, 2025	
December 10, 2025	No Band Meeting Due to Holidays
January 14, 2026	January 15 OR 22, 2026
January 28, 2026	
February 11, 2026	February 19, 2026
February 25, 2026	
March 11, 2026	March 19, 2026
March 25, 2026	

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Meet and greet with Cheryl Rule

Coldwater Membership,

You are invited to meet and greet Cheryl Rule, Vice Chief:

Date: October 15, 2025
Place: Coldwater Health Centre
Time: 10:00AM – 12:00PM



I look forward to meeting you and having a meaningful dialogue. The community members requested this meet-and-greet so they could voice their issues related to the Band. **Please bring any issues in writing, so it can be addressed with the Council or Band Administrator.**

Thank you: kʷukʷscéyp,
See you soon - goodbye: Húmʾel (pronounce: hom ath),
Cheryl Rule, Vice Chief Coldwater Band

MISSION STATEMENT

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Wills / Kristopher Oppenheim

I am Kristopher Oppenheim. I am the Lands, Wills & Estates Administrator for the Coldwater Indian Band.

If anyone is looking to do their wills. I can give you a template or you can come in and fill one out. It is better to have one then not to have one. This will help you say who gets what and what happens after your gone. If you have any questions, you can get a hold of me at the Coldwater band office in town.

Phone: 250-378-6174 (EXT 115)

Email: kristopher@coldwaterband.org

Location: 2249 Quilchena Avenue, Merritt BC V1K1B8 Box 4600

When you have everything in order, you have the say on what happens to your assets, no one else can take your possessions!

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Coldwater Indian Band Staff

Updated Chart of all the Coldwater Indian Band Staff that includes their names, positions and contact information and which office they are at. If any assistance is needed in contacting them then call the Receptionist at (250)-378-6174!

Name	Position	Contact	Office Location
Brandi O-Flynn	Band Administrator, Economic Development	Email: bandadmin@coldwaterband.org Phone: 250-378-6174 (EX-204)	Administration Office
Kristopher Oppenheim	Lands, Wills, Estates, Public Works, Economic Development	Email: Kristopher@coldwaterband.org Phone: 250-378-6174 (EX-215)	Administration Office
Stephanie Archie	Education Coordinator	Email: stephanie@coldwaterband.org Phone: 250-378-6174 (EXT-109)	Administration Office
Brianna-Skye Charters Euan	Administration Receptionist	Email: receptionist@coldwaterband.org Phone: 250-378-6174	Administration Office
Donald Kraus	Housing, Taxation	Email: dkraus@coldwaterband.org Phone: 250-378-6174 (EXT-214)	Administration Office
Velma Collins	Social Assistance Clerk, Indian Status Administrator	Email: vcollins@coldwaterband.org Phone: 250-378-6174 (EXT-108)	Reserve Office
Tania Stewart	Social Assistance Coordinator	Email: socialdevcoord@coldwaterband.org Phone: 250-378-6174 (EXT-107)	Reserve Office
Dale August	Chief and Council Executive Assistant	Email: daugust@coldwaterband.org Phone: 250-378-6174 (EXT-100)	Reserve Office
Faye Aljam	Finance Officer	Email: faye@coldwaterband.org Phone: 250-378-6174 (EXT-106)	Reserve Office

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Coldwater Indian Band Chief and Council

Chief and Council Members

Contact Dale August (exec Assistant) to talk to Chief/ Council.

Phone (250)-378-6174 (EXT#100)

Email: daugust@coldwaterband.org

Title	**Name**
Chief	Terrance Lee Spahan
Vice Chief	Cheryl Rule Bob
Executive Assistant to Chief and Council	Dale August
Council Member	Jackie Aljam
Council Member	Shawn Bob
Council Member	Leah Collins
Council Member	Veronica Jameson
Council Member	Carol Smith
Council Member	Michael Smithers
Council Member	Harry Spahan

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Trans-Mountain Integrity Dig Dates

TRANSMOUNTIAN INTEGRITY DIG DATES FOR CW

Date	Subject
October 6, 2025	Integrity Dig Project commences at KP909.213. Mobilization to site.
October 6, 2025	Site Preparation
October 8, 2025	Excavation
October 10, 2025	Coating Removal and Ditch Preparation
October 14 -15, 2025	Non-Destructive Examination (“NDE”) of pipeline
October 17-18, 2025	Pipeline Repair
October 20-21, 2025	Re-Coat Pipeline
October 21-23, 2025	Backfill and Site Cleanup
October 24, 2025	Full Demobilization

MISSION STATEMENT

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TO BE PRINTED ON 11"x17" PAPER TO RETAIN PROPER SCALE

LEGEND

HYDROGRAPHY FEATURES	UTILITY FEATURES	TOPOGRAPHIC FEATURES	TRANSPORT FEATURES	DESIGN FEAT.
OCEAN/LAKE	OTHER PIPELINE	MAJOR CONTOUR	HIGHWAY / RD ℄	BENCHMARK
STR THALWEG	UTILITY POLE	MINOR CONTOUR	FENCE LINE	WORK POINT
WET AREA	OVERHEAD UTILITY	TREELINE	ASPHALT EDGE	PROP. FIBER
STR PWM	UTILITY MARKER	INDIVIDUAL TREE	RAILWAY	DESIGN CL
STR HWM	WATER LINE	TOP OF BANK	EXIST. RD EDGE	STOCKPILE AREA
DITCH / NCD	FIBRE OPTICS	TOE OF BANK	GATE	TOPSOIL STRIP.
PIPELINE FEATURES		GROUND	EXISTING RD ℄	PROP. FILL
30" Ø TMPL	**LEGAL BOUNDARY FEATURES**			PROP. CUT
PIPELINE DOC	LEGAL BDY	ROW BDY (FIELD)	FIELD STAKE	PROP. RIPRAP
24" Ø TMPL	MoTI R/W	R/W (OTHER)	TEMP WORKSPACE	DESIGN ROAD EDGE
PIPELINE FEAT	IRON PIN	TMPL R/W		PHOTO

DRAFT

Prepared By: Encompass Engineering Ltd.

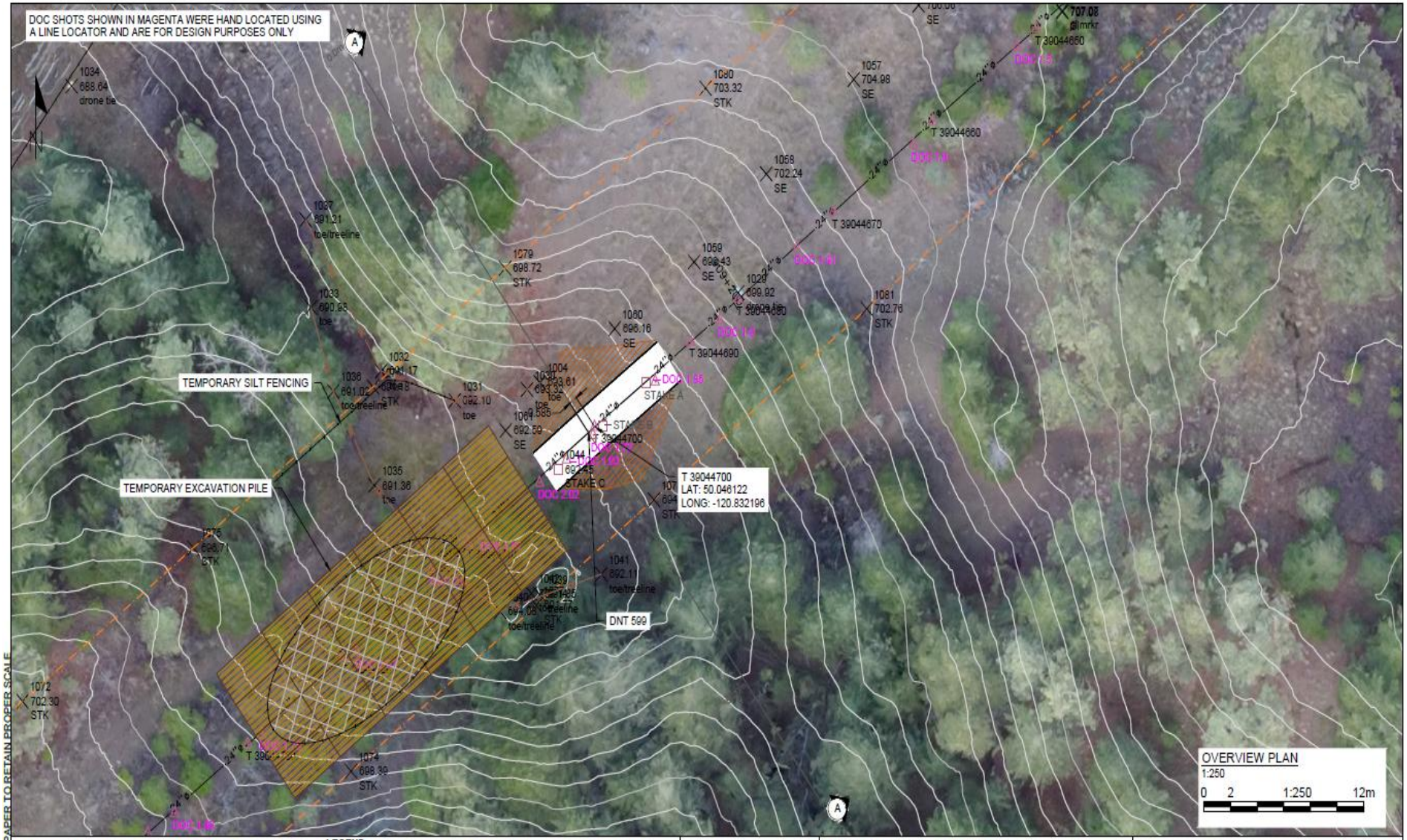
Encompass Engineering Ltd.

Prepared For: Trans Mountain Canada Inc.

TRANSMOUNTAIN

EXISTING CONDITIONS
KP909 EXCAVATION PLAN

Location: 5546010 N 655205 E UTM Zn 10	
Survey Date: Nov. 8, 2024	Drawing Number: 24041
Approval Date: ----	Revision Number: 0
Approved By: Mark McCarthy,P. Eng	Page: 2 of 5



TO BE PRINTED ON 11"X17" PAPER TO RETAIN PROPER SCALE

LEGEND

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DRAFT

Prepared By: Encompass Engineering Ltd.

Encompass Engineering Ltd.

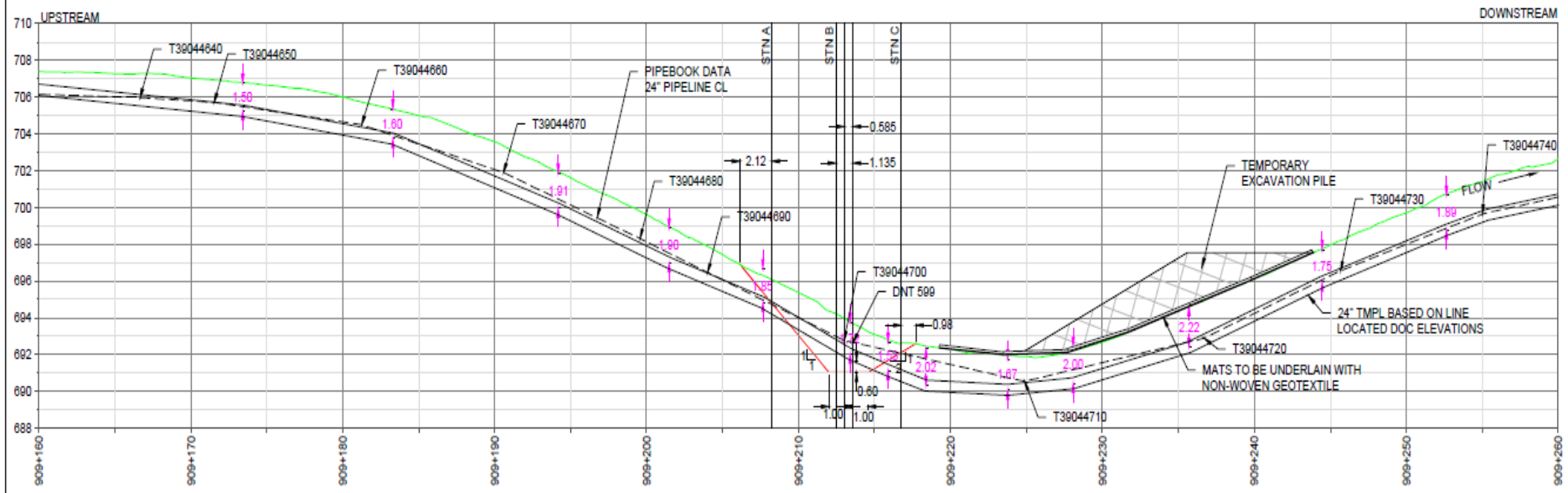
Prepared For: Trans Mountain Canada Inc.

TRANSMOUNTAIN

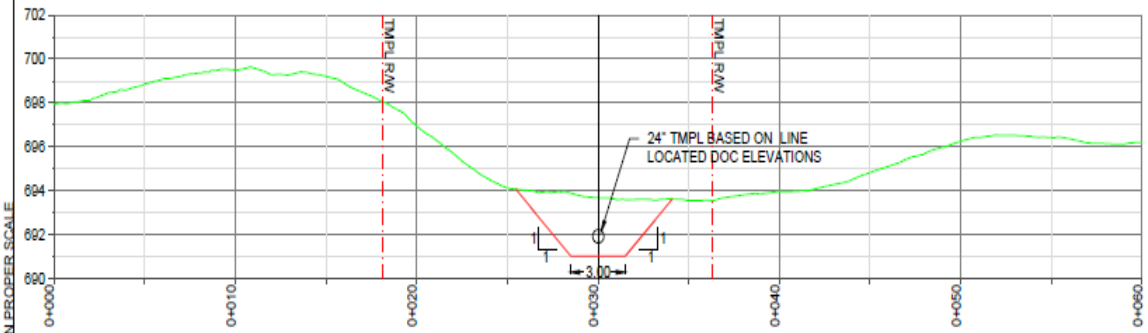
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Location: 5546010 N 655205 E UTM Zn 10	
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DOC SHOTS SHOWN IN MAGENTA WERE HAND LOCATED USING
A LINE LOCATOR AND ARE FOR DESIGN PURPOSES ONLY



24Ø TMPL PROFILE
1:250



SECTION A-A PROFILE
1:250

0 2 1:250 12m

TO BE PRINTED ON 11"X17" PAPER TO RETAIN PROPER SCALE

LEGEND

HYDROGRAPHY FEATURES	UTILITY FEATURES	TOPOGRAPHIC FEATURES	TRANSPORT FEATURES	DESIGN FEAT.
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PIPELINE FEAT	IRON PIN	TMPL R/W		PHOTO

DRAFT

Prepared By: Encompass Engineering Ltd.

Encompass Engineering Ltd.

Prepared For: Trans Mountain Canada Inc.

TRANSMOUNTAIN

GENERAL ARRANGEMENT
KP909 EXCAVATION PLAN

Location: 5546010 N 655205 E UTM Zn 10	
Survey Date: Nov. 8, 2024	Drawing Number: 24041
Approval Date: ----	Revision Number: 0
Approved By: Mark McCarthy,P. Eng	Page:4 of 5

Recycling and Garbage Days

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekend	Regular Recycle	Big Recycle Garbage Day	Regular Recycle	Big Recycle	Regular Recycle Garbage Day	Weekend

Garbage Days

- Make sure your garbage is wrapped in **a black garbage bag.**
- Be careful when putting out your garbage, because of the **dogs or bears around us**.
- Recommended to put it out the night before garbage day or the morning of.
- **Pickup is usually around 7:00 AM** on that garbage day

Recycling

- Make sure all your cardboard is **flattened and in smaller pieces**
- Cans or bottles are washed
- All organized for recycling to put away faster and efficiently.
- If you have a lot of stuff for big recycle days, call the band or let Rosanna know.
- Any questions contact the Band, Rosanna or TNRD Merritt Depot.
- All recycling goes to the lower Nicola Depot!

Coldwater Indian Band: 250-378-6174

Rosanna Narcisse (Coldwater Recycler): 250-378-6174

Lower Nicola Eco Depot (TNRD): 250-377-2596

Thank you to our Recyclers and Sanitation Workers from Coldwater Indian Band!

MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture, and to utilize and preserve all our resources for now and future generations

Celebrate

THANKS GIVING

With Us

On October 12, 2025
At Coldwater School
Doors Open 4:30PM
Dinner at 5:30PM



Dennis Saddleman Celebration

Come celebrate the Medal Ceramony for Dennis Saddleman

“My Heart Understand my Soul”



The Coronation Medal program was made to mark the Coronation of His Majesty King Charles III. It recognized individuals who have made a significant contribution to a particular province, territory, region or community in Canada, or attained an outstanding achievement abroad that brings credit to our country. In total, the medal was awarded to 30,000 deserving individuals.

“Received King Charles Coronation medal in the Senators Chambers with Senator Brian Francis Senator Boyer, Senator White. Also Executive Director Stephanie Scott. The Coyote howled in the Senator's House. This King Charles medal is not only for me but for all Survivor's here and those who took their spiritual journey!!!”

(Dennis Saddleman- September 28, 2025)

DENNIS SADDLEMAN

MERRITT, BRITISH COLUMBIA, CANADA

KING CHARLES III CORONATION MEDAL

NOMINATOR: NATIONAL CENTRE FOR TRUTH AND RECONCILIATION

AWARDED ON: JUNE 20, 2025

LOCATION: Coldwater School

SCHEDULE

4:00pm – Doors Open

5:00pm – Feast

6:00pm - Hand drummers, welcome song, honor song, guest speakers, medal ceremony, recipients’ song.

8:00pm - Dance little Rickie and the Fendermen

MISSION STATEMENT

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A NIGHT DRESSED IN TERROR

DRESS TO KILL



OCT 29, 2025

4:00 PM DOORS OPEN

5:00PM DINNER

COSTUME CONTEST AND GAMES !

COLDWATER BAND SCHOOL

Newsletter Delivery Volunteers



If you do not wish to receive the Newsletter, please contact the office via phone or email and we will put a note not to deliver. (We noticed some people don't pick them up).

The Coldwater Indian Band strongly believes in saving paper and recycling so let us know if you don't want to be delivered to for personal reasons or for animal reasons.

Newsletter Delivery People Needed!

The Coldwater Indian Band has a Newsletter (that you're looking at right now) that needs to be hand delivered to the Coldwater Members on the Reserve. That includes IR#2!

We pay $60 for the Main Reserve (IR#1)

$90 for BOTH Reserves IR#1 and IR#2.

We need our delivery list updated to know who can help us deliver Newsletters to our Community on time (before the next month arrives).

The money provided will be for the one person delivering them and they will have to have their own Transportation.

Please contact the Coldwater Indian Band Receptionist to be on the list of Newsletter Deliveries.

Email: receptionist@coldwaterband.org

MISSION STATEMENT

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Dog Attacks

On the Coldwater Reserve we have a lot of dogs, some are nice, and some aren't. Here are some tips and advice to follow if you encounter an aggressive dog.



- If you were bitten by a dog, seek immediate medical attention
- Report the incident to Animal Control
- Document the event (Where, When, Who's Dog, Dog's Appearance, Bite).
- You should also pursue legal advice, if the bite is serious.
- If you do not report the dog to the Band or to the Bylaw Officer, then that dog will still be loose and bite others (kids, adults, elders), let's help keep each other safe.

Bylaw Services Officer - Merritt BC

Phone: (250)-378-8628

Email: bylaw@merritt.ca

CALLING OUR SPIRITS HOME BLANKETS

If you haven't received a blanket from the "Calling our spirits home" event please contact the Band Office.

For more info or questions contact
Velma Collins or Tania Stewart
Phone: 250-378-6174
Emails:
Velma: vcollins@coldwaterband.org
Tania: fcwn@coldwaterband.org

Our Mission Statement
Is to enhance and sustain our quality of life through wellness and culture, and utilize and preserve all our resources for now and future generations.

Security

Snukʷe? Security inc.

Hours of operation

Friday - Sunday from 9:00pm-5:00 am

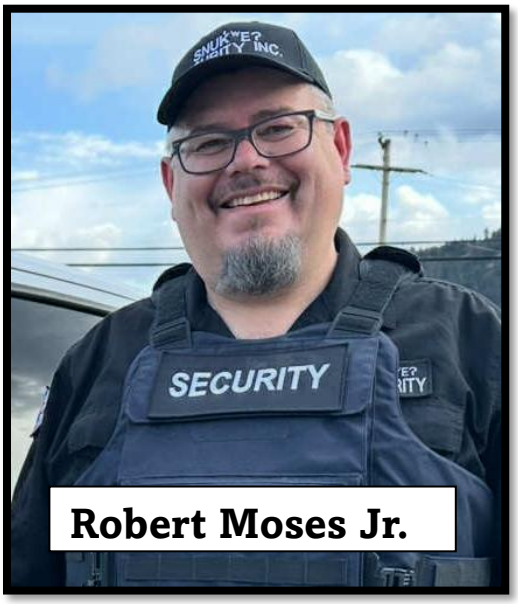
Contact number: **250-936-8121**

Coldwater Indian Band is proud to announce the services provided by Snukʷe? Security inc. Showcasing our joint commitment to safeguarding our land and community.

Robert Moses Jr., a dedicated community member and experienced protector. As the owner

of Snukʷe? Security inc., Robert returns with renowned dedication to ensuring the safety and security of our people.

if there is any suspicious activity that you witness contact the security, in the event of an immediate emergency please contact 911.



MISSION STATEMENT

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Safe Driving during School Hours



This Serves as a reminder that School is back in session, and we have Children/Youth walking to/from the Bus stop at Opie's Studio and other Bus stops along the Coldwater/Kingsvale Route

Coldwater Band School is also back in session.

We would like to remind Membership to please slow down while driving on the roads and watch out for our Children and Youth walking to/from School

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CONSERVATION OFFICER CONTACT NUMBER



1-877-952-7277



Make sure to leave a detailed description of what you are calling about as listed below, if it pertains to what you are reporting. You will have to listen to the message and follow the prompts to state what you are reporting, leave your contact details, etc.



EMERGENCIES - 911



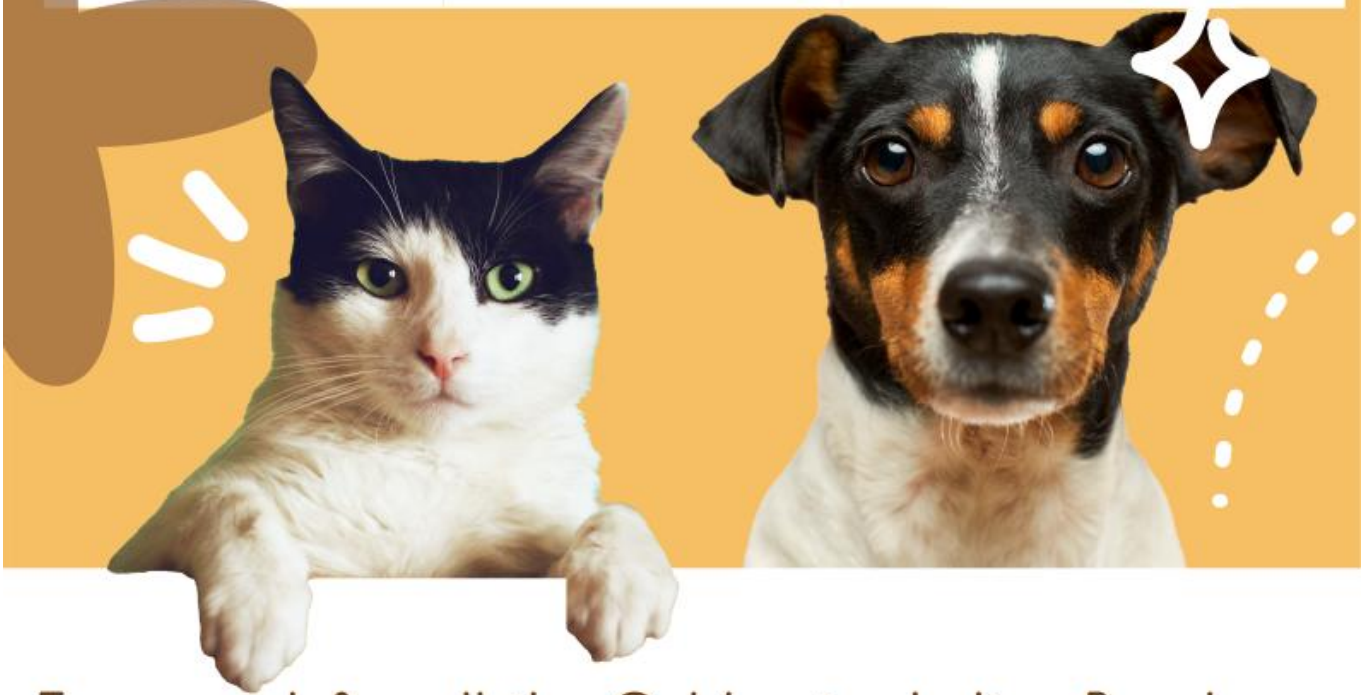
(ACCIDENTS, SPEEDING, CRIME)

When reporting to 911, to create files with the RCMP please make sure you indicate the following

1. What you are reporting or have witnessed
2. Where you witnessed
3. Date and time you witnessed
4. Leave a contact number that you can be reached at
5. When calling for an ambulance,
   state clearly to 911
   the house number, street address
   or road name
   and clearly that you are located on
   COLDWATER INDIAN BAND

COLDWATER PET NEUTER AND SPAY

YOUR FURRY FRIEND DESERVES THE BEST.
The Coldwater Indian Band can assist you when you get your pet spayed/ neutered!
Get Pre-Approval with Val or Tania today!
Only go to Merritt Vet for any appointments.



For more Info,call the Coldwater Indian Band
250-378-6174, ask for Tania or Val.

Kamloops Auto Recycling



CAR REMOVAL SERVICES!

Towing, Scrap Car Removal, Used Parts
Phone: 250-574-4679 / Brendan Kelly, Owner
Location: 1340 Kootenay Way (Near Coldwater Road)
Website: www.kamloopsautorecycling.com
Email: kautorecycling@gmail.com

MORE COMPANIES FOR YOU TO CALL
GET YOUR OLD CARS REMOVED FROM YOUR YARD.

Merritt – B.C. Auto Scrapyard | Scrap Car Removal
Website: Auto-Scrap-Yard.com

Scrap Car Services in Merritt: – Post Edward junk cars buyer B.C.
Phone: 1-778-617-2061

Salvage car pickup in Merritt:
Phone: 1-778-617-3061.

Junk Car Removal Kamloops B.C. | Git-Er-Done-Towing
We provide free scrap car pickup and cash for cars service in Kamloops.
Website: getirdonetowing.ca
Phone: (250)-852-0781



FLU & COVID-19 VACCINE CLINIC

Fall 2025 Drop In Vaccine Clinic:

Call any of the SCHSS nursing staff for any questions or concerns. Flu vaccine is open to all ages. Covid-19 booster vaccine priority will be given to those 70+ or those immunocompromised (18+).

October 21st and 22nd at the Coldwater Health Building, from 1 pm to 6 pm.

October 28th at the Nooaitch Satellite Building, from 12 pm to 6 pm.

October 29th at the Shackan Band Hall, from 12 pm to 5 pm.

SCHSS COMMUNITY FLU & COVID CLINIC

Coldwater,

Nooaitch,

&

Shackan

250-378-9745

1926 Quilchena Ave.

SCW'EXMX COMMUNITY HEALTH SERVICES



FLU & COVID-19 VACCINE CLINIC

Fall 2025 Drop In Vaccine Clinic:

Call any of the SCHSS nursing staff for any questions or concerns. Flu vaccine is open to all ages. Covid-19 booster vaccine priority will be given to those 70+ or those immunocompromised (18+).

October 21st and 22nd at the Coldwater Health Building, from 1 pm to 6 pm.

**Covid vaccine pending on availability.*

COLDWATER CLINIC

1 PM to 6 PM

Tuesday

October 21st

&

Wednesday

October 22nd

250-378-9745

1926 Quilchena Ave.

SCW'EXMX COMMUNITY HEALTH SERVICES

Please Join Us

Fireside Elders Potluck Lunch

Coldwater Health Building

Thur Oct 9 2025 from 11am - 1pm

Bring your favorite dish

Come visit, chat with elders & Nurse Amber

SCW'EXMX COMMUNITY HEALTH SERVICES

More information
Call Amber @ Schss
378-9745

DROP - IN

COME SEE THE NURSE

GET VITALS CHECKED

CHAT ABOUT ANY HEALTH CONCERNS

NO APPOINTMENT NECESSARY

1ST TUESDAY OF THE MONTH

SCW'EXMX COMMUNITY HEALTH SERVICES

OCTOBER 7TH, 2025

10AM - 12 PM

COLDWATER HEALTH BUILDING

Digital CWIB Newsletter

2249 Quilchena Avenue, Merritt, BC
Phone: (250) 378-6174
Fax: (250) 378-5351
Band Administrator, Public Works, Lands Wills & Estates, Housing, Economic Development, Education

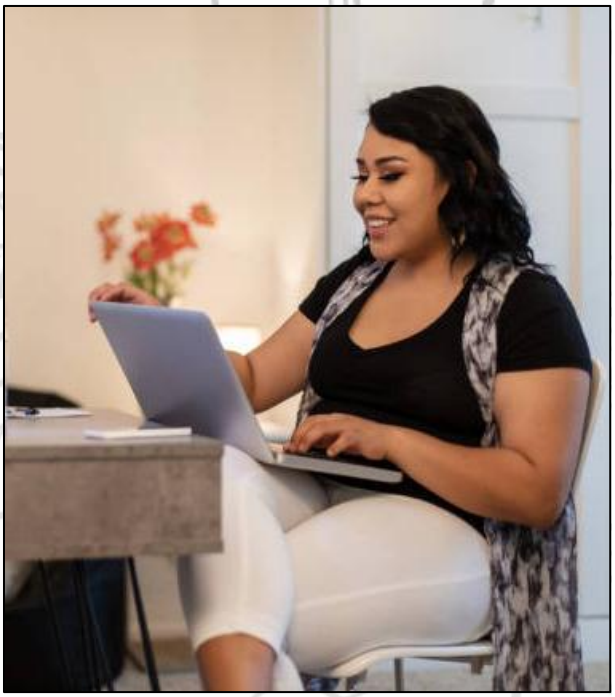
#301-230th Street Coldwater Reserve
Phone: (250) 378-6174
Fax: (250) 378-6153
Chief and Council (Executive Assistant), Finance, Social Development

Having a hard copy of the Newsletter is amazing but what if you want it earlier? Or you don't live on the reserve and want to have a copy then you can have the Monthly Newsletter delivered to your email digitally!

How to Sign up for the Monthly Newsletter for the Coldwater Indian Band

- Send your **Name**, and **Email** to the Coldwater Indian Band **Receptionist** via email **receptionist@coldwaterband.org**

If you have any trouble, give us a call to help you out! **250-378-6174**. We are always glad to help the community!



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